



# Cooking With Care!



**Recipe Name:** \_\_\_\_\_

**In Honor of:** \_\_\_\_\_

**Ingredients:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Directions:**

# Memory of Your Lost Loved One

**Remembering Your Loved One Through Cooking.**

**Please provide a recipe, a picture and a story about your loved one.**

**You can submit multiple recipes and honor more than one loved one.**

**To access the form digitally click on this link:**

**Or**

**Please forward the recipe, picture and story to:**

**[Tammie.l.conner.ctr@mail.mil](mailto:Tammie.l.conner.ctr@mail.mil)**

Resources Disclaimer – This list of resources does not constitute endorsement by the DoD, Department of the U.S. Army, U.S Air Force, Vermont National Guard or Vermont Military Family Programs of the organizations' products and/or services contained therein. Further, Vermont Military Family Programs assumes no responsibility for consequences resulting from use of the products/ services provided by the organizations listed. Vermont Military Family Programs makes every effort to present our clients with reputable resources, we cannot guarantee the validity of said resources and use of such resources is voluntary.